

then lay her down again. Some Nurses seize the patient by the back of the neck in the most unhandy manner, and generally spill half the drink over her jacket and night-dress, to say nothing of nearly choking her! If you have to fan your patient, go round to the left side of the bed, and standing over her, but not too near to her face, *gently* fan her, which is far more soothing than the rapid "flicking" of the fan some Nurses adopt. Always keep the patient's face free to the air, and loosen the night-dress and jacket at the throat.

At this point I must remind you that, when you position your patient for the delivery, you *must in no wise* interfere with the arrangement of the bed clothes, as I directed you to place them; leave them as you placed them until you put the patient into bed after her delivery. To cover her over during labour, have a small blanket, or large woollen shawl (I prefer the latter), which is easily removed or put on, just as may be necessary; also take out the safety pin that fastens the skirts, and loose them from the waist, so that the uterus can be completely, and at once, controlled by the accoucheur during and after delivery.

If you have to render any assistance in this direction go round to the *left* side of the bed, just *behind* the patient, and with your left hand press firmly upon the fundus (which you have been taught to define in the Hospital), and so follow down the head, or if after delivery the uterus, and keep up the pressure so long as you are directed to do so. If the bed is very wide, you may have to get partly over it to execute this manœuvre, but remember it is better to do that than get on the *right* side of the bed, behind the accoucheur, as you might be in his way, and rather hinder than help him.

(To be continued.)

MR. BARNARDO AND SISTER CLARA.

BUT for the interruption caused by the insertion of Mr. Barnardo's letter, we should have continued the subject as follows in our last issue.

It will be remembered by our readers that Sister Clara acknowledged Mr. Barnardo's letter of April 5th by one dated the day after, which was given *in extenso* by us in our issue of the 3rd instant.

To this Mr. Barnardo forwarded a long reply, occupying not less than six closely-written pages, in the same loose, indifferent and contradictory manner, which has so far distinguished this gentleman's correspondence.

" 18 to 26, Stepney Causeway,
London, E.

" 9th April, 1889.

" Dear Sister Clara,—You say you are very 'much surprised' by my letter; but I am bound to say I am very much more surprised by *yours*.

" I am perfectly sure that you would not write one word that you did not believe to be true, but that is the mystery of it, for how could you believe to be true the statement in your letter to hand this morning—viz., that your sister was 'at the Infirmary by my own request, and has remained there on the strength of a promise made by me to her'? *I am utterly confounded.*

" Every communication of mine to you was, to the best of my knowledge and belief, exactly in the opposite direction.⁽¹⁾ I have scrupulously avoided saying anything to you that might be construed into a positive wish that your sister should *not* remain; but, short of that, I did everything I could to show you that I was not able to utilise her services, and could not employ her.⁽²⁾ Refer to my letters on the occasion when I stopped cheques being drawn for her.

" Again and again I have told you distinctly that your sister was not competent to act as a Nurse,⁽³⁾ that I could never regard her, therefore, as an assistant in a Nursing capacity,⁽⁴⁾ unless she *was properly trained at another Hospital*, and that I would not, and could not, count training in our Hospital—in the special circumstances of her case—as sufficient.

" Furthermore, when we went into the new Infirmary, and when I pointed out the room for a housekeeper, I went out of my way distinctly to tell you⁽⁵⁾ that *your sister would not do* for that post, as you had suggested.

" Mrs. Barnardo has a distinct recollection of the general sense of my communication with you, and confirms this⁽⁶⁾ in every respect, and is as greatly astonished by the contents of your letter as I am.

" I greatly respect your sister, and think she would be very useful in our work, if a niche could be found for her, and her health was sufficiently strong, but no such niche exists.⁽⁷⁾

" I know it is natural that you should wish to have your sister with you, and so long as we were not in the new Infirmary I endeavoured to gratify and meet your natural wishes; but I showed you in my various communications,⁽⁸⁾ *most distinctly and clearly*, since we entered upon the new Infirmary, that this arrangement would have to be altered.

" Finding that you took no step in the matter, and that your sister was gradually settling into a position at the new Hospital to which *I had not appointed her*, and for which I did not think her

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